## What is claimed is:

- 1. Activated carbon, obtained by activating a hard-to graphitize material with water vapor, has a median particle size ranging a range from 4 µm to 8 µm in a particle size distribution when measured by laser diffraction method, and the particle size distribution has at least a peak located at a particle size which is lower than the median particle size.
- 2.Activated carbon according to claim 1, wherein activated carbon particles of not larger than 2  $\mu m$  is not less than 10% by weight in a cumultive distribution of the activated carbon particles.
- 3. A polarizing electrode for an electric double layer capacitor, comprising an activated carbon obtained by activating a hard-to-graphitize material with water vapor, wherein the activated carbon has a median particle size within a range from 4 µm to 8 µm in the particle size distribution as measured by a laser diffraction method and has at least a peak observed on the side of smaller particle size than the median particle size in the particle size distribution.
- 4. The polarizing electrode for an electric double layer

capacitor according to claim 1, wherein the activated carbon contains 10% or more in accumulated percentage of particles having sizes not larger than 2  $\mu m$ .

- 5. An electric double layer capacitor comprising an electrode unit comprising a current collector and polarizing electrode, a separator and an electrolytic solution, wherein the polarizing electrode is made of an activated carbon obtained by activating a hard-to-graphitize material with water vapor, while the activated carbon has a median particle size within a range from 4 µm to 8 µm in the particle size distribution as measured by a laser diffraction method and has at least a peak observed on the side of smaller particle size than the median particle size in the particle size distribution.
- 6. Activated carbon, obtained by activating a hard-to graphitize material with water vapor, wherein the activated carbon particles comprises not less than 10% by weight of particles not larger than 2  $\mu$ m in a cumultive distribution and particles which bulk density is within a range of 0.18 g/cm³ to 0.25 g/cm³.
- 7. Activated carbon according to claim 6, wherein a fluidity index of the activated carbon particles is within a range of 0.47 to 0.52.

- 8. A polarizing electrode for an electric double layer capacitor, comprising an activated carbon obtained by activating a hard-to-graphitize material with water vapor, wherein the activated carbon contains 10% or more in accumulated percentage of particles having sizes not larger than 2  $\mu$ m and has a bulk density within a range from 0.18 g/cm³ to 0.25 g/cm³.
- 9. The polarizing electrode for an electric double layer capacitor according to claim 8, wherein the activated carbon has a fluidity index within a range from 0.47 to 0.52.
- 10. An electric double layer capacitor comprising an electrode unit comprising a current collector and polarizing electrode, a separator and an electrolytic solution, wherein the polarizing electrode is made of an activated carbon obtained by activating a hard-to-graphitize material with water vapor, and the activated carbon contains 10% or more in accumulated percentage of particles having sizes not larger than 2  $\mu$ m and has a bulk density within a range from 0.18 g/cm³ to 0.25 g/cm³.